

## Inventions, New Preparations, etc.

### HUBBARD'S BISCUITS.

THROUGHOUT Scotland, Hubbard's rusks are a household word, and are highly appreciated as a most excellent and easily prepared food both for infants and invalids. We regret that they are not so well known as they should be in the south, and, therefore, call the attention of our readers to them. They are prepared from the finest materials, and both as biscuits for invalids, and as a food for children, they will be found to be most nourishing and palatable. The Royal oaten teacakes and the Scotch shortbread, prepared by the same firm, are of the very best quality, and only require to be once tried to establish their superiority over many more vaunted but less wholesome preparations. They can be obtained through any baker or grocer, or direct from the firm at Partick, near Glasgow.

### CHRISTY'S SADDLES.

EVERY one who bicycles—that is to say the majority of man and womankind at present—is aware of the fact that the saddle of the machine is the most essential feature so far as comfort is concerned. The majority of those which are now in use are undoubtedly constructed on faulty shapes, because they are made without regard to anatomical principles, and by throwing the weight of the body upon the perineum, instead of upon the ischial bones, they are the fruitful cause of more or less disagreeable, or even dangerous, symptoms. The Christy saddle is so fashioned as to place the body weight and saddle pressure on the bones of the pelvis, and the comfort as well as the safety which is thereby afforded, is sincerely appreciated by all who have tried these saddles. We cordially commend them to the notice of our readers, and feel sure that their experience will more than confirm all that we have said in their praise. They can be obtained through any cycle agent, or direct from the Christy Saddle Company, 54, Holborn Viaduct, E.C.

### VERMIN KILLERS.

THE preparations of J. F. Shorey, of 67, Farringdon Road, London, E.C., deserve to be widely known by our readers. They possess the great advantage in destroying rats, mice, cockroaches, beetles, and bugs, that they not only kill, but by their special composition dry up the bodies, so that they prevent the offensive odours which follow the destruction of vermin by the ordinary poisons. All who have employed these preparations have accorded them sincere commendation.

### MILK PREPARATIONS.

WE have recently had our attention directed to a new class of milk preparations known as the "Sap" Brand, and are giving them a careful trial. We shall be glad to learn the experience of any of our readers who may have administered them to patients.

## Novelties for Nurses.

Now that spring is upon us at last, and the sunshine finds out all the weak places in the garments which have passed muster in the dull days which are, let us hope, a thing of the past, many a nurse ruefully inspects her shabby raiment and sighs at its condition. But there is a bright side to the matter, there can be no doubt that new clothes are an imperative necessity; and therefore, with a clear conscience, we can sally forth to inspect and purchase some of the fascinating novelties which are now being shown by those firms which make the wants of nurses a speciality.

Having recently made a tour of inspection of some of the leading firms myself, I will give the readers of the RECORD the benefit of my investigations; and as nurses are proverbially reckless of expenditure in the matter of cab hire, I should suggest that the furthest point is visited first, and a motor cab taken down to Harrod's Stores in the Brompton Road. This firm shows some specially nice cambric hem-stitched aprons, with collars and cuffs to match of the same material. The aprons are 1s. 9½d. each, and would be specially suitable for nurses working in hot climates, who find the ordinary linen aprons too heavy. Aprons gored at the side, and set into the band without any fulness in front, are also made a point of here, and large linen aprons may be had for as low a price as 1s. 4½d. The boots and shoes are well worth a visit, excellent walking boots being obtainable at 10s. 6d. and 12s. 6d. a pair. Some cosy felt slippers with thick soles, waterproofed underneath, should prove invaluable on scrubbing mornings; while for the nurse who is travelling, and prides herself upon turning out "smart" at the end of a journey, a convenient little leather case, containing a brush, and two bottles of shoe polish, black and brown, as well as a piece of wash leather, will possess great fascinations, and may be purchased for 2s. 11d.

A walk across the park to the Marble Arch and down the Edgware Road brings one to Garrould's, and here the nurse who cannot find what she wants must be hard to please. The neatest of cloaks, of all shapes and sorts, are to be had at most reasonable prices: two dark blue ones, one set into a black-braided yoke, and another of the new shape with large sleeves, close fitting at the wrist, and at

[previous page](#)

[next page](#)